



# Partner Dancing. Great fun & exercise...

# Dance Like

Location: North Kirkland Community Center

## West Coast Swing – Level 1

Contemporary, modern, stylish swing - the most music friendly & versatile of all partner dances! Solid foundational patterns and teaching techniques make learning this dance a simple, logical & fun experience. Lots of repetition will boost your learning curve and muscle memory, increasing your fun in classes and on the dance floor. Even if you've taken West Coast Swing classes before, you are guaranteed to learn new and exciting ways to enhance this popular style of swing.

*No experience needed! ★ Adults & Teens, Couples & Singles, All Ability Levels Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC 5 weeks ★ Resident \$54 / Non-Resident \$65*

Tue	7:30–8:30pm	Apr 10–May 8	35874
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### ADULT DANCE WITH LYNN GROSS:

**"Fun, energetic, clear instructions that are easy to follow! Lynn is the best!"**

— Kaylee

## West Coast Swing – Level 2

Add more fun and boost your swing skills with popular pattern variations and enhanced partnering techniques! Time to review and become more comfortable with level 1 Basics will be included. Patterns and styling in each Level 2 series differ from the last - the more times you participate, the more you learn, and the more comfortable and confident you'll be.

*Prerequisite: Level 1, equivalent experience, or instructor permission ★ Adults & Teens, Couples & Singles Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC ★ 5 weeks Resident \$54 / Non-Resident \$65*

Tue	7:30–8:30pm	May 15–June 12	35875
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## Night Club Two-Step I

This is romantic dancing at its finest – a dreamy dance for easy-listening, soft-rock love songs played at parties, night clubs, weddings, on cruise ships, and at many local dances. Learn patterns that stay in a small area for crowded dance floors, patterns that glide across the floor when there's room to move, and how to blend these moves for added versatility. Easy leading, following and turning techniques included.

*No experience needed! ★ Adults & Teens, Couples & Singles Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC ★ 5 weeks Resident \$54 / Non-Resident \$65*

Tue	8:30–9:30pm	Apr 10–May 8	35876
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## Night Club Two-Step II

Continue to develop your romantic side! Learn simple pattern variations and partnering techniques in this popular dance. Previous participation in a beginning level class, or the equivalent, is required. Each Level 2 series differs from the last - the more times you participate, the more you learn, and the more your dance skills expand!

*Adults & Teens, Couples & Singles Welcome! Prerequisite: Level 1, equivalent experience, or instructor permission ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC ★ 5 weeks Resident \$54 / Non-Resident \$65*

Tue	8:30–9:30pm	May 15–June 12	35877
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## Ballroom Favorites 1

Everyone will enjoy learning the basics and simple variations of the ever-popular and always-in-style classics: Romantic Waltz, Smooth Fox Trot, Lively Jitterbug Swing, and a bit of Sensual Tango. You'll be gliding around the floor in the very first lesson.

*No experience needed! ★ Adults & Teens, Couples & Singles, All Ability Levels Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC 5 weeks ★ Resident \$54 / Non-Resident \$65*

Tue	7:30–8:30pm	June 19–July 17	35878
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## Ballroom Favorites 2

Gain comfort and confidence with leading and following as you learn new and pleasing pattern variations in Waltz, Fox Trot, Jitterbug Swing and Tango.

*Pre-requisite: Level 1 or equivalent experience, or instructor permission ★ Adults & Teens, Couples & Singles Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC ★ 5 weeks Resident \$54 / Non-Resident \$65*

Tue	7:30–8:30pm	July 24–Aug 21	35879
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## Salsa 1

EZ Latin! This popular Latin dance will raise your energy level. Learn to connect to the Latin beat while you practice easy leading and following techniques and fun - but simple - patterns! Plus an introduction to Latin hip action to add style. Energetic fun for summer evenings!

*No experience needed! ★ Adults & Teens, Couples & Singles, All Ability Levels Welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC 5 weeks ★ Resident \$54 / Non-Resident \$65*

Tue	8:30–9:30pm	June 19–July 17	35880
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## Salsa 2

Your Salsa skills will become more comfortable and automatic! Learn new patterns and styling variations and further develop your Latin hip action. A brief review of Level 1 patterns in the first class of this series will help boost your muscle memory. Even if you've taken a Level 2 Salsa series before, you're guaranteed to learn some new moves and techniques in this class.

*Prerequisite: Level 1, or equivalent experience, or instructor permission ★ Adults & Teens, Couples & Singles welcome! ★ Professional Certified Instructor: Lynn Gross ★ Location: NKCC ★ 5 weeks Resident \$54 / Non-Resident \$65*

Tue	8:30–9:30pm	July 24–Aug 21	35881
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# no partner required to join in! the Stars!

**Location: Peter Kirk Community Center**

## Beginning Hustle

This dance from the Disco era has been reinvented and is now danced to a lot of top 40 music as well as the old Disco favorites. Learn the basics of this fun and energetic dance. Practice your Hustle at The Seattle Hustle Club. Contact instructor for details. No partner or experience required.

**Location: PKCC ★ Instructor: Vicki Gabrielle**  
5 classes ★ No class 7/2  
Resident \$54 / Non-Resident \$65

Mon	8–9pm	April 23–May 21	36278
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## Intermediate Hustle

This dance from the Disco era has been reinvented and is now danced to a lot of top 40 music as well as the old Disco favorites. You should have a good understanding of the basics of this fun and energetic dance. No partner required.

**Location: PKCC ★ Instructor: Vicki Gabrielle ★ 5 classes**  
No class 7/2 ★ Resident \$54 / Non-Resident \$65

Mon	6:45–7:45pm	April 23–May 21	35526
Mon	6:45–7:45pm	June 4–July 9	35527
Mon	6:45–7:45pm	July 16–Aug 13	35528

## Night Club Two-Step

This is a great alternative when dancing to your favorite slow music. It's extremely popular all across America and is danced to a very wide range of slow music styles. No partner or experience required!

**Location: PKCC ★ Instructor: Vicki Gabrielle ★ 5 classes**  
No class 7/2 ★ Resident \$54 / Non-Resident \$65

Mon	8–9pm	June 4–July 9	35530
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## Night Club Two-Step II

This is a great alternative when dancing to your favorite slow music. You should

have a good understanding of the basics of this fun dance. No partner or experience required!

**Location: PKCC ★ Instructor: Vicki Gabrielle**  
5 classes ★ Resident \$54 / Non-Resident \$65

Mon	8–9pm	July 16–Aug 13	35531
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## Adult Dance

CLASS LOCATIONS VARY

### Ballet

**Instructor: Marco Carrabba**, Ballet master/Choreographer-Carrabba Dance Theatre has a 20 year distinguished professional dance career and over 16 years experience teaching and choreographing ballets for students of all levels, as well as an extensive theater background. Dance companies include PNB, San Francisco, Boston, Stuttgart and Hamburg Ballet.

### Ballet Basics

Have you always wanted to take a ballet class but something got in the way? Here's the good news, it's never too late to learn ballet! This adult basic ballet class offers something for everyone from young adult to seniors and provides a fun way to tone and tighten your body while learning the fundamental techniques in a positive and supportive environment. Ballet develops balance, coordination, strength, stamina, self-confidence and body-centered awareness. This class is for those with little or no dance training but who want to embrace one of the most beautiful and graceful of all dance styles.

**Location: PKCC ★ 9 classes ★ No class 5/28**  
Resident \$99 / Non-Resident \$119

Mon	6:15–7:15pm	April 2–June 4	35522
Mon	6:15–7:15pm	June 11–Aug 6	35523

### Ballet—Open Level

Take your training to the next level. This class is for those who have had some ballet training and is a good additional class for a Basic or Intermediate level class. Emphasis is on improving technical strength and more movement. Students are encouraged to work at their own ability.

**Location: PKCC ★ 9 classes ★ No class 4/18 & 7/4**  
Resident \$99 / Non-Resident \$119

Wed	6:15–7:15pm	April 4–June 6	35524
Wed	6:15–7:15pm	June 13–Aug 15	35525

# Adult Dance

CLASS LOCATIONS VARY

## ► Tango NEW DAY

### Argentine Milonga

Tango, Milonga and Vals are three different types of dance music that shape the structure of the Argentine Tango social dance. The Milonga is faster than the tango and very cheerful. Students will build a repertoire of creative sequences of Milonga Lisa and Milonga Con Traspie, working with rhythm and patterns, variations and technique. Some Milonga experience required.

Location: PKCC ★ Instructor: Ina Peccia ★ 9 classes  
Resident \$68 / Non-Resident \$82

Wed	7-8pm	April 4-May 30	34998
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### Argentine Tango Vals

In this series of 10 classes you will learn many fun ideas, steps, and sequences that work beautifully in Vals (Tango waltz) rhythm. These Vals steps are a great addition to your own tango expression.

Location: PKCC ★ Instructor: Ina Peccia ★ 10 classes  
No class 7/4 ★ Resident \$68 / Non-Resident \$82

Wed	7-8pm	June 6-Aug 15	34875
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### Argentine Tango: Intermediate I

Students will explore the friendly connection of the Argentine Tango while learning the Boleos, Molinete turn, Giros, Adornos, Ocho cortado, Sacadas, Calesitas, Enrosques, Puente, and more. Also, you will be given the concept of sistema cruzado (Cross Step System). You will gain the ability to incorporate these into your own Tango expression. Students should have a good grasp of the leading/following technique of the basics of Argentine Tango.

Location: PKCC ★ Instructor: Ina Peccia ★ 9 classes  
Resident \$68 / Non-Resident \$82

Wed	8:15-9:15pm	April 4-May 30	34873
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### Argentine Tango: Intermediate II

Learn the entrances for Sacadas, pivots like the Enrosques, Picas, Paradas, and the classic chain. The incorporation of this new repertoire stresses musicality and walking the rhythm of the tango. This class will allow students to use space through appropriate navigation. Students should have a good grasp of the leading/following technique of the intermediate Argentine Tango.

Location: PKCC ★ Instructor: Ina Peccia ★ 10 classes  
No class 7/4 ★ Resident \$68 / Non-Resident \$82

Wed	8:15-9:15pm	June 6-Aug 15	34874
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### One on One Tango Dance Instruction

Baffled by complicated tango steps? Uncomfortable asking questions in class? Enjoy one-on-one tutoring Wednesday nights, by appointment only, with Ina! Here is a fabulous opportunity to improve your dance ability.

Location: PKCC ★ Instructor: Ina Peccia  
Resident \$36 / Non-Resident \$43  
Advanced registration required, call 425.587.3360



## ► Belly Dance

### Belly Dance Basics

Ages 18 and up

Learn the dance of femininity and grace, Egyptian Cabaret Belly Dance. It is a great way to tone up, lose a couple of inches and make new friends. The class is low impact, FUN, and provides health benefits for women of all ages.

Please bring bottled water and a long scarf to tie around the hips ★ Instructor: Josette Minaglia 'Athena'

Location: NKCC ★ 6 weeks ★ Resident \$60 / Non-Res. \$72

Tue	6:30-7:30pm	Apr 3-May 8	35860
Tue	6:30-7:30pm	May 15-June 19	35861
Tue	6:30-7:30pm	July 10-Aug 14	35862

### Belly Dance Advanced

Ages 18 and up

This class will be a continuation of perfecting the basics and adding these steps to choreography. New steps will be introduced along with floor work and finger cymbals. Please bring water and a long scarf to tie around the hips.

Instructor: Josette Minaglia 'Athena' ★ Location: NKCC  
6 weeks ★ Resident \$60 / Non-Resident \$72

Tue	7:40-8:40pm	Apr 3-May 8	35863
Tue	7:40-8:40pm	May 15-June 19	35864
Tue	7:40-8:40pm	July 10-Aug 14	35865





## Hula Dance

Hula is for everyone, it's a great way to stay in shape and have fun while dancing. Hula works the entire body and also engages the mind. It is a unique blend of balance, motion, and mental concentration. Hula will lift your spirits and give you an energy boost.

### Beginning Hula for Adults

This class will concentrate on the basic foot and hand motions as you experience the Hawaiian culture and Spirit of Aloha. Both ancient (Hula Kahiko) and modern (Hula 'auana) will be taught. This is the perfect class to see what Hula is all about and to meet new friends at the same time.

**Wear comfortable clothing (shorts or pants and T-shirts) — NO JEANS PLEASE!** ★ Instructor: Jeanne Makanaokalani Porter ★ Location: NKCC

**Spring 10 weeks** ★ No class 5/9  
Resident \$100 / Non-Resident \$120

Wed	6:30–7:15pm	Apr 11–June 20	35853
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**Summer 6 weeks** ★ Resident \$60 / Non-Resident \$72

Wed	6:30–7:15pm	July 11–Aug 15	35854
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### Intermediate Hula

For those with hula experience and an understanding of the basic steps. This class will be a bit faster paced and will include an introduction to the hula implements such as 'uli'uli, 'ili'ili, pu'ili. Both Kahiko and 'auana will be taught along with a focus on general technique. There will be some Hawaiian language taught as it pertains to hula, along with lyrics and the background of every dance learned. There will be optional public performances.

**Wear a pa'u skirt if you have one, otherwise comfortable clothing — NO JEANS PLEASE!** Instructor: Jeanne Makanaokalani Porter ★ Location: NKCC

**Spring 10 weeks** ★ No class 5/9 ★ Resident \$100 / Non-Resident \$120

Wed	7:15–8:15pm	Apr 11–June 20	35855
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**Summer 6 weeks** ★ Resident \$60 / Non-Resident \$72

Wed	7:15–8:15pm	July 11–Aug 15	35856
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*"...I began dancing with her (Ms. Porter) in about 2003, and have taken many, many classes—beginning, intermediate and advanced. She is patient and knowledgeable, and teaches a variety of dances. I have enjoyed the classes and the comradery of the hula sisters I have met there. I now live on the Big Island of Hawaii and dance with a well-known group here. I credit my acceptance into that group to the good teaching I have experienced with Jeanne Porter."*

— Elaine Y.

### Advanced Hula

Advanced Hula is for the hula dancer with a more extensive hula background. The hula basics are always reviewed to improve steps, descriptive hand motions, and facial expressions. We will continue on to more difficult, involved hulas, both Kahiko (ancient) and 'auana (modern) hulas and a continuing focus on technique and performance skills. Come learn Hula in a relaxed setting, yet be willing to work out, sweat, and have fun! There will be public performances.

**Wear a pa'u skirt — NO JEANS PLEASE!** Instructor: Jeanne Makanaokalani Porter ★ Location: NKCC

**Spring 10 weeks** ★ No class 5/9  
Resident \$100 / Non-Resident \$120

Wed	8:15–9:15pm	Apr 11–June 20	35857
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**Summer 6 weeks** ★ Resident \$60 / Non-Resident \$72

Wed	8:15–9:15pm	July 11–Aug 15	35858
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### Kupuna Hula NEW!

**Ages 55 +**

A fun introduction to hula class that makes the brain work, improves flexibility and gives us a good all-over feeling. Start with the basics, a lovely ballad hula, continue with dances that tell the life of the Hawaiian people. The mature hula dancer is the most esteemed of all!

**Please wear light, comfortable clothing. Instructor: Jeanne Makanaokalani Porter** ★ Location: PKCC  
**6 weeks** ★ Resident \$60 / Non-Resident \$72

Thur	11am–12pm	July 12–Aug 16	35859
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## Bollywood/Bhangra

### Bollywood/Bhangra Dance —Adult NEW!

Learn basic to intermediate bollywood steps with modern and folk (bhanga) beats while we spin the latest songs from bollywood movies. Bhangra is a folk dance that celebrates the warm harvest festival in Punjab, the northern state of India and Pakistan. Experience the vibrant bollywood music and foot-stompin moves. In just four weeks, you will be able to dance to a choreography using the upper body with hand gestures, coordinating with energetic lower body – leg/foot work.

**Instructor Shub Chintan-Gill** ★ Location: NKCC ★ 4 weeks  
**No class May 28** ★ Resident \$45 / Non-Resident \$54

Mon	1–2pm	Apr 9–30	35866
Mon	1–2pm	May 7–June 4	35867
Thur	6:45–7:45pm	Apr 12–May 3	35868
Thur	6:45–7:45pm	May 10–May 31	35869
Thur	6:45–7:45pm	July 12–Aug 2	35870

**Adult Ballet with  
Instructor Marco Carrabba  
See Page 55**

## Line Dance

### Line Dancing

Line Dancing is a great way to exercise your body and mind while meeting new friends and listening to some great music. With the endless stream of new dances coming out there is always something new and challenging to learn. All abilities welcome! Join Joe in this fun and friendly class. This class will not be pro-rated.

**This class includes basic line dance instruction and the opportunity to test your coordination skills.**

**Location: PKCC** ★ Instructor: Joe Mraz

**6 classes** ★ No class 6/5 & 7/3

**Resident \$30 / Non-Resident \$36**

**Drop-In Rate Resident \$7 / Non-Resident \$8**

Tue	10–11am	April 17–May 22	34718
Tue	10–11am	May 29–July 17	34719

**4 classes** ★ Resident \$20 / Non-Resident \$24

**Drop-In Rate Resident \$7 / Non-Resident \$8**

Tue	10–11am	July 24–Aug 14	34720
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